

IN MY HEART

64 counts • 2 walls • Intermediate

Koreograf: Magali Lebrun

Musik: Ball & Chain by Paul Overstreet



SEC 1 SIDE TOUCH, CROSS X 2, KICK, STOMP FWD, SWIVEL

- 1-2 Point R to R, Cross R behind L
- 3-4 Point L to L, Cross L behind R
- 5-6 Kick R fwd, Stomp R fwd
- 7-8 Swivel R heel to R, Return R heel to center

SEC 2 SWIVEL, PIVOT MILITARY, ½ TURN , HOOK, STEP FWD, HOOK

- 1-2 Swivel R heel to R, Return R heel to center
- 3-4 Step fwd L, ½ turn R
- 5-6 ½ turn R stepping back L, Hook R over L
- 7-8 Step fwd R, Hook L behind

SEC 3 STEP-LOCK-STEP BACK, HOLD, SLOW COASTER STEP, HOLD

- 1-2 Step back L, Lock R over L
- 3-4 Step back L, Hold
- 5-6 Step R back, Step L together
- 7-8 Step fwd R, Hold

SEC 4 VINE ¼ TURN, HOLD, PIVOT MILITARY, STEP ¼ TURN, SCUFF

- 1-2 Step L to L, Cross R behind L
- 3-4 ¼ turn L stepping fwd L, Hold
- 5-6 Step fwd R, ½ turn L
- 7-8 ¼ turn L stepping R to R, Scuff L beside R

SEC 5 STEP SIDE, SCUFF, STEP FWD, TOUCH, STEP BACK, KICK, BACK ROCK STEP

- 1-2 Step L to L, Scuff R beside L
- 3-4 1/8 turn R stepping R fwd, Touch L behind
- 5-6 Step back L, Kick R fwd
- 7-8 Rock back R, Recover L

RESTART 3TH WALL

SEC 6 HEEL, STOMP, HEEL, STOMP, PIVOT MILITARY, STOMP, STOMP

- 1-2 Touch R heel fwd, Stomp R beside L
- 3-4 Touch L heel fwd, Stomp L beside R
- 5-6 Step fwd R, ½ turn L
- 7-8 Stomp R beside L, Stomp L beside R

SEC 7 ROCK SIDE CROSS, HOLD, KICK, HOOK, KICK, BRUSH

1-2 Rock step R to R, Recover on L

3-4 Cross R over L, Hold

5-6 Kick L fwd, Hook L in front of R

7-8 Kick L fwd, Brush L beside R

SEC 8 TOE STRUT ½ TURN, TOE STRUT ½ TURN, BACK ROCK, STOMP, HOLD

1-2 Point L back, ½ turn L dropping L heel

3-4 Point R fwd, ½ turn L dropping R heel

5-6 (jump) Rock back L kicking R fwd, Recover on R

7-8 Stomp L beside R, Hold