

CATALAN UP

Improver • 32 counts • 4 walls

Koreografer: Sandrine & Magali

Musik: Me & The Boys by Kevin Fowler



SEC 1 VINE, SCUFF, JUMPING CROSS, HOOK

1-2 Step R to the R, Cross L behind R

3-4 Step R to the R, Scuff L next to R

5-6 (jump) L diagonally fwd R and hook R behind L, Recover and kick L to the R

7-8 (jump) Recover on L and kick R fwd, Hook R over L

SEC 2 STEP, HOOK & SLAP, STEP BACK, HOOK, ROCK STEP, STOMP, KICK

1-2 Step R fwd, Flick L behind R and slap L heel with R hand

3-4 Step L back, Hook R foot in front of L

5-6 Rock R to R side, Recover on L

7-8 Stomp up R, Kick R foot diagonally L

SEC 3 JAZZ BOX, SCUFF, PEVINE, STOMP

1-2 Cross R over L, Step L behind

3-4 Step R to R, Scuff L

4-5 Step L to L, Cross R behind L

7-8 Step L to L, Stomp up R

SEC 4 ROCK JUMP BACK, STOMP, MONTEREY ¼ , SCUFF

1-2 Rock R back and kick L fwd, Recover on L and flick with R

3-4 Stomp up R, Point R toe to R

5-6 ¼ turn R placing R foot beside L, Point L toe L

7-8 Step L beside R, Scuff R

To finish the dance to the public needs step 7-8 to be changed to:

7-8 ¼ turn L placing L to R, Stomp R next to L