

KNOCK OFF 4-2

52 counts • Intermediate Partner linedance

Restated as a Partner Linedance by Lise & Søren Schæffer • aug 2022

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Musik: "Knock Off" by Jess Moskaluke



POSITION SWEETHEART FACING LOD • INTRO: 24 COUNTS • 2 RESTARTS • ENDING

1-8 ROCK FWD X 2, CHASSE 1/4 L, CROSS, UNWIND 3/4

1-2& Rock R fwd, Recover on L, Step R beside L

3-4 Rock L fwd, Recover on R

Release L hands

5&6 Step L to L side turning 1/4 L, Step R next to L, Step L to L side

Change hands

7-8 Cross R over L, 3/4 unwind L (facing LOD)

Sweetheart pos.

9-16 RUN X 3 MOVING FWD, SHUFFLE FWD, SIDE ROCK, KICK BALL CHANGE

1&2 Run R-L-R

3&4 Step L fwd, Close R next to L, Step L fwd

5-6 Rock R to R side, Recover on L

7&8 Kick R fwd, Step R next to L, Place L next to R

RESTART HERE ON 3RD ROUND

**17-24 R & L HEEL SWITCHES, STOMP R FWD, HOLD,
L&R HEEL SWITCHES, STOMP L FWD, HOLD**

1&2& Touch R heel fwd, Step R next to L, Touch L heel fwd, Step L next to R

3-4 Stomp R fwd, Hold

5&6& Touch L heel fwd, Step L next to R, Touch R heel fwd, Step R next to L

7-8 Stomp L fwd, Hold

25-32 R SHUFFLE FWD, STEP 1/2 R, SHUFFLE 1/2 TURN R, R BACK ROCK

1&2 Step R fwd, Step L next to R, Step R fwd

3-4 Step L fwd, Turn 1/2 R onto R

5&6 Step L fwd, turning 1/2 L stepping L to R

After 5 release R hand - After 6 change hands

7-8 Rock back on R, Recover on L

Sweetheart

RESTART AFTER 4TH ROUND

33-40 R KICK & L TAP & R KICK & L HEEL & R TAP & L HEEL & R KICK BALL STEP

1&2& Kick R fwd, Step down on R, Tap L toes behind R foot, Step back on L

3&4& Kick R fwd, Step back on R, Touch L heel fwd, Step down on L

5&6& Tap R toes behind L foot, Step back on R, Touch L heel fwd, Step down on L

7&8 Kick R fwd, Step R next to L, Step L fwd (LOD)

41-48 R ROCK FWD, (MAN) COASTERSTEP / (WOMAN) R FULL TRIPLE TURN, L ROCK FWD, (WOMAN) COASTERSTEP / (MAN) L FULL TRIPLE TURN

1-2 Rock R, Recover on L

Release L hand

3&4 Man: Step R bwd, Step L next to R, Step R fwd

Woman: Turn 1/2 R stepping R fwd, step L next to R, turn 1/2 R stepping R fwd

5-6 Rock L fwd, recover back on R

Change hands

7&8 Man: Turn 1/2 L stepping L fwd, step R next to L, turn 1/2 L stepping L fwd

Woman: Step L bwd, Step R next to L, Step L fwd

Sweetheart

49-52 STEP OUT RL, HEEL BOUNCES

1-2 Step R a small step out to R side, Step L a small step out to L side

&3&4 Lift heels off the floor, Step heels down, Lift heels off the floor, Step heels down

ENDING

ON 8TH ROUND - DO 25&26 THEN

3-4-5 Step L, Step R, Cross stomp L over R