

Laia & Sweet

34 counts • 2 walls

Koreograf: Montse & Laia

Musik: Joe Dee Messina: I'm Alright



SEC 1 WALK, WALK, SCUFF OUT, OUT x2

- 1-2 Step fwd R, Step fwd L
- 3&4 Scuff R beside L, Step R to R, Step L to L
- 5-6 Step fwd R, Step fwd L
- 7&8 Scuff R beside L, Step R to R, Step L to L

SEC 2 FWD MAMBO ROCK, COASTER STEP, PIVOT MILITARY

- 1&2 Rock R fwd, Step back on L, Step back on R
- 3&4 Step back L, Step R beside L, L fwd
- 5&6 Step fwd R, Hitch L with $\frac{1}{2}$ turn L, Step down L
- 7&8 Step fwd R, Hitch L with $\frac{1}{2}$ turn L, Step down L

SEC 3 VINE, ROCK FWD $\frac{1}{4}$ TURN, HEEL FWD, TOE BACK, SHUFFLE FWD

- 1&2& Step R to R, Cross L behind R, Step R to R, Cross L over R
- 3 & 4 $\frac{1}{4}$ turn R, Rock R fwd, Recover on L, Step R to R
- 5-6 Touch L heel fwd, Touch L toe behind
- 7&8 Step L fwd, Step R beside L, Step L fwd

SEC 4 ROCK CROSS JUMP x2, KICK, FLICK, STOMP, SCISSOR CROSS x2

- 1&2& Cross R over L, Recover on L kicking R fwd (jumping), Repeat 1&
- 3&4 Rock back R kicking L fwd, Recover on L flicking R behind (jumping), Stomp up R beside L
- 5&6 Step R to R, Step L next to R, Cross R over L
- 7&8 Step L to L, Step Right next to L, Cross L over R

SEC 5 FULL TURN, STOMP UP

- 1&2 $\frac{1}{2}$ turn L stepping R behind, $\frac{1}{2}$ turn left stepping L fwd, Stomp up R beside L