

LIFETIME

72 count • 2 wall • Intermediate

Koreograf: Adriano Castagnoli

Musik: Jessie by Stuart Moyles



INTRODUCTION: (do it after 24 count from the beginning of the song)

SEC 1 ROCK FWARD R, STEP BACK, HOLD, COASTER STEP LE, SCUFF

1-2 Rock Fwd on R, Return onto L

3-4 Step R back, Hold

5-6 Step L back, Step R beside L

7-8 Step L fwd, Scuff R beside L

SEC 2 PIVOT ½ L (TWICE), STOMP R, HOLD, STOMP L HOLD

1-2 Step R fwd, Pivot ½ turn L (06:00)

3-4 Repeat 1-2 (12:00)

5-6 Stomp R to R side, Hold

7-8 Stomp L to L side, Hold

THE DANCE:

SEC 1 RSIDE, STOMP UP, L SIDE, SCUFF, VAUDEVILLE, FLICK UP BACK

1-2 Step R to R side, Stomp up L beside R

3-4 Step L to L side, Scuff R beside L

5-6 Cross R over L, Step L diagonally back to L

7-8 Touch R heel diagonally fwd to R, Flick up back R

SEC 2 GRAPEVINE R ¼ TURN, SCUFF, TURN ¼ R, STOMP UP, TURN ¼ R STOMP UP

1-2 Step R to R side, Cross L behind R

3-4 Step R ¼ turn R, Scuff L beside R (03:00)

5-6 Turn ¼ R and step L to L side, Stomp up R beside L (06:00)

7-8 Turn ¼ R and step R fwd, Stomp up L beside R (09:00)

SEC 3 SCISSOR L, HOLD, POINT R, TURN ¼ R, TOUCH TOE, SCUFF

1-2 Step L diagonally back to L, Step R beside L

3-4 Cross L over R, Hold

5-6 Point R toe to R side, Turn ¼ R on R (weight on it) (12:00)

7-8 Touch L toe diagonally back to L, Scuff L beside R

SEC 4 STEP, SCUFF, JUMPING JAZZ BOX L, CROSS, ROCK BACK R

1-2 Step L fwd, Scuff R beside L

3-4 Jumping cross R over L, Step L back and kick R fwd

5-6 Kick L fwd, Cross L over R

7-8 Rock back on R and kick L fwd, Return onto L

SEC 5 KICK, STOMP, HEEL SWIVELS, ROCK BACK R, STOMP R (TWICE)

1-2 Kick R fwd, Stomp R fwd

3-4 Swivel both heels to R side, Return both heels to center

5-6 Rock back on R and kick L fwd, Return onto L

7-8 Stomp R beside L (twice)

RESTART 3RD WALL

SEC 6 KICK, HOOK, KICK RIGHT (TWICE), COASTER STEP RIGHT, SCUFF

1-2 Kick R fwd, Hook R over L
3-4 Kick R fwd (twice)
5-6 Step R back, Step L beside R
7-8 Step R fwd, Scuff L beside R

SEC 7 WEAVE L, TURN ¼ L AND ROCK FWD L, TURN ½ L, STOMP

1-2 Step L to L side, Cross R behind L
3-4 Step L diagonally back to L, Cross R over L
5-6 Turn ¼ L and rock fwd on L, Return onto R (09:00)
7-8 Turn ½ L on R and step L fwd, Stomp R beside L (03:00)

SEC 8 SWIVEL R FOOT (TOE/HEEL), TURN ¼ R, STOMP, SWIVEL L FOOT (TOE/HEEL/TOE), SCUFF

1-2 Swivel R foot to R side (toe, heel)
3-4 Swivel R toe to R side and turn ¼ R, Stomp L beside R (06:00)
5-6 Swivel L foot to L side (toe, heel)
7-8 Swivel L toe to L side, Scuff R beside L

SEC 9 ROCK FWD R, STEP BACK, HOLD, REVERSE PIVOT TURN L, PIVOT ½ L

1-2 Rock fwd on R, Return onto L
3-4 Step R back, Hold
5-6 Step back on L toe, Pivot ½ turn L (12:00)
7-8 Step R fwd, Pivot ½ turn L (06:00)