

LONG PRIDE

32 counts • 4 walls • Beginner

Koreograf: Adriano Castagnoli

Musik: *It's Gonna Take a Little Longer* by Neal McCoy



SEC 1 SIDE, STOMP UP, SIDE, SCUFF, JAZZ BOX, STOMP UP

1-2 Step R to R, Stomp up L beside R
3-4 Step L to L, Scuff R beside L
5-6 Cross R over L, Step L back
7-8 Step R to R, Stomp up L beside R

SEC 2 KICK FWD, STOMP UP, KICK SIDE, STOMP UP, HEEL SWITCHES, FLICK BACK

1-2 Kick L fwd, Stomp up L beside R
3-4 Kick L to L, Stomp up L beside R
5-6 Touch L heel fwd, Step L beside R
7-8 Touch R heel fwd, Flick up back R

SEC 3 VINE, POINT, TURN ¼ AND HEEL STRUT, STOMP x 2

1-2 Step R to R, Cross L behind R
3-4 Step R to R, Point L to L
5-6 Turn ¼ L touching L heel fwd, Step L down
7-8 Stomp up R beside L, Stomp R fwd

SEC 4 HEELS FAN, ROCK BACK, PIVOT ½ x 2

1-2 Swivel both heels R, Return to center
3-4 Rock back on R, Recover on L
5-6 Step R fwd, Pivot ½ turn L
7-8 Repeat 5-6