

YOU BETTER RUN

64 counts • 2 walls • Intermediate

Koreograf: Adriano Castagnoli

Musik: You Better Run by Tori Darke



SEC 1 SWIVEL x2, KICK x2, ROCK BACK

- 1-2 R heel and L toe swivel toes R, Return to center
- 3-4 R heel and L toe swivel toes R, Return to center
- 5-6 Kick R fwd twice
- 7-8 Rock back R, Recover on L

SEC 2 LOCK FWD, HOLD, FULL TURN, HOOK

- 1-2 Step R fwd, Lock L behind R
- 3-4 Step R fwd, Hold
- 5-6 Step L fwd, ½ turn R
- 7-8 Turn ½ R stepping L back, Hook R over L

SEC 3 STEP, SCUFF, SCOOT, STEP, STOMP, SWIVEL HEELS

- 1-2 Step R to R, Scuff L beside R
- 3-4 (jump) Scoot R twice
- 5-6 Step L fwd, Stomp R fwd
- 7-8 Swivel heels R, Return to center

SEC 4 STEP, BACK, KICK, CROSS, POINT, BACK, POINT, SLAP

- 1-2 Step L to L, Step R back
- 3-4 Kick L fwd, Cross L over R
- 5-6 Point R toe to R stepping R behind L
- 7-8 Point L toe to L slapping R on L heel behind R

SEC 5 VINE, STOMP, ROCK STEP, TOE BACK, TURN ½

- 1-2 Step L To L, Cross R Behind L
 - 3-4 Step L To L, Stomp R
- RESTART ON 6TH WALL**
- 5-6 Rock fwd R, Recover on L
 - 7-8 Touch R toe back, Turn ½ R

SEC 6 CHASSE, ROCK BACK, TURN ¼, STOMP, TURN ¼, STOMP

- 1&2 Step L to L, Close R beside L Step L to L
- 3-4 Rock back on R, Recover on L
- 5-6 Turn ¼ L stepping R to R, Stomp L
- 7-8 Turn ¼ L stepping Lfwd, Stomp R

SEC 7 TOES STRUT BACK, ROCK BACK, STOMP x2

1-2 Step R toe B, Drop R heel down

3-4 Step L toe B, Drop L heel down

5-6 Rock back on R, Recover on L

7-8 Stomp R beside L, Stomp R to R

SEC 8 SWIVEL HEELS x2, POINT, CROSS BACK, TURN ½, STOMP

1-2 Swivel heels R, Return to center

3-4 Swivel heels R, Return to center

5-6 Point R toe R, Cross R toe behind L

7-8 ½ toe turn R, Stomp L